HEALTH RESTORED

Mr. Knight Was Down With Kidney Complaint; Found Doan's the Remedy Needed.

"Kidney trouble put me in a bad way," says Thomas A. Knight, Re-tired Insurance Agent, 624 N. Ninth St., East St. Louis, Ill. "It came on with pain across my back and the attacks kept getting worse until I had a spell that laid me up. Morphine was the only relief and I couldn't move T. without help. The kidney secretions were canty, painful and

illed with sediment. "I was unable to leave the house, could Mr. Kaight not rest, and became utterly ex-The only way I could take ease was by bolstering myself up with pillows. For three months I was in that awful condition and the doctor said I had Dogn's Kidney Pills brought me back to good health and I have gained wonderfully in

strength and weight."
Sworn to before me, A. M. EGGMANN, Notary Public

Get Donn's at Any Store, 60c a Box DOAN'S RIDNEY
FOSTER-MILBURN CO., BUFFALO, N. Y.

Care Necessary. Redd-I see a luncheon case has recently been invented which is so shaped that it will also serve as a footrest in an automobile.

Greene-Looks all right, but I suppose the ladles in the party must exercise great care and not get their high French heels in the custard ple or raspberry jam.

900 FLU CASES REPORTED TO HEALTH SERVICE

there were over 900 flu cases reported to the public health service last week. This is an increase over the previous week, and as cold weather draws near

authorities are worried. A recent public health report says: "City officials, state and city boards of health should be prepared in event of an recurrence of the flu."

Even if one recovers from the flu the after effects are terrible. The only sane thing to do is to prevent the flu Influenza can be prevented; last year's results prove that. It is important that a good germicide should be used frequently. Turpo is an effective germicide, combining the old-fashioned remedies of turpentine (which has for years been known as the best home germicide), camphor-menthol and pure mineral base. As a preventive for flu

Turpo has been a pronounced success Snuff a little Turpo up the nostrils several times a day, and the Flu germs will have little chance of getting a lodging and breeding place Many physicians and hospitals use and

The fact that more than nine hun dred cases of influenza have been re-ported to the United States Health Service makes it important that you thin cream and cook until smooth.

prepare now. Buy a thirty cent jar Toast bread crisp and brown; butter of Turpo of your druggist now while well. Add two hard-cooked eggs. he has a supply on hand, and use as

directed. If in spite of all precautions influ eaza develops, go to bed and summon a physician. Influenza is a serious malady, and requires the best medical

Do Not Touch. Patience-I see a curved framework of wire loops has been invented to enable a player to hold a hand of cards

Patrice-Come in handy for the woman who has lost at bridge and de-

clares she'll never touch a card again.

A torpid liver prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. They act gently. Adv Helping the Law.

The Missus (at 2 a. m.) -Nice hour to arrive home and a nice state to arrive in, I must say! Explain, you

Himself-Ol' friend asked me help him gather ev'dence of vi'lations tenspoonful of soda, a cupful of flour salt and one tablespoonful each of butof the war-time pro-bition law, m'dear, an' I jus' (hic) couldn't refuse.—Buf- and drop in well-greased muffin pans. eggs, add the milk, the flour and salt.

Cuticura Soap for the Complexion. Nothing better than Cuticura Soap daily and Ointment now and then as needed to make the complexion clear, scalp clean and hands soft and white, Add to this the fascinating, fragrant Cuticura Talcum and you have the Cuticura Toilet Trio.-Adv.

The young man who gets married nowadays must have either lots of money or lots of nerve

Girls that are not born awkward namelly dance themselves that way before they are twenty.

Pneumonia ' often follows Neglected Cold KILL THE COLD! HILL'S CASCARA QUININE BROMIDE



A Woman's Right to enjoy good health. The secret of



FARMERS—YOUR OPPORTUNITY, Buy southern farms Many advantages. Get away from hard winters, high prices. Get away from hard information. W. S. Cole Refigious and Political Literature Free on Request, Stamp, please. Bible sent for he postage Bovert Thompson, New City, N. X.



In all the affairs of human life, social as well as political, I have remarked that courtesies of a small and trivial character are the ones that strike deepest to the grateful and appreciative heart. —Henry Clay.

INEXPENSIVE DISHES.

Inexpensive is an adjective which one uses these days with a large latitude as nothing, even the plebelan codfish, is inexpensive except by

> comparison. Baked Codfish.-Take a package of codfish, sonk over night, pour off water and parboil, then drain again and place in a shallow baking dish

with just enough sweet milk to cover Add bits of butter and pepper with salt if needed, bake one and a half to two hours. Remove the fish and through a sieve and reheat. Season to thicken the milk with flour. Cook well taste and thicken with the yolks of hen add the fish and serve.

4

Brown Sugar Icing.—Take a cupful of cream. of brown sugar and four tablespoonfuls of water, cook together until it three bunches of salsify; cut into dice makes a thread. Pour over the well- and soak for 15 minutes in cold wabeaten white of one egg to which has ter. Drain, cover with fresh water and been added one-fourth teaspoonful of cook for an hour. Add a quart of milk, cream of tartar. Beat until cool; two tablespoonfuls of butter, salt and flavor with vanilla.

Eggless Gingerbread.-Warm together half a cupful of brown sugar and rolled fine, and serve at once. one cupful of apple jelly with a third of a cupful of shortening. Remove from the fire and add three-quarters apple chopped, a sprig of thyme and of a cupful of sour milk, two and one parsley, a bay leaf, a tablespoonful of half cupfuls of flour sifted with one tablespoonful of ginger, the same of and one of curry powder. Add four cocoa, one tenspoonful of cinnamon. cupfuls of chicken stock, simmer for one and one-balf teaspoonfuls of soda 15 minutes, strain and add half a cupand half a teaspoonful of salt. Mix ful of bolled rice, and serve at once. and beat, pour into a buttered tin and bake forty minutes.

Dried Apple Cake.-Cook two cupfuls of dried apple until tender, then strain and cook them in two cupfuls of Cover with cold water, simmer until fuls of flour sifted with two tenspoon- until well done. fuls of baking powder and a half teaspoonful of soda and the same of salt tender chicken and fry brown in butwith two tablespoonfuls of milk; add ter with a quart of okra. Add two cupthe molasses and apples when cool, fuls of tomatoes, a large onlon

Tomato Pilau.-Fry one quarter and water to cover. Simmer until the pound of bacon with one small chopped chicken falls from the bones; then onion; when the bacon is cooked add remove the bones and add 12 soda a pint of tomatoes and salt and pepper crackers, a tablespoonful of butter, and a half pound of well-washed rice. pepper and salt to season and three Stir the rice into the tomatoes when hard-cooked eggs chopped fine. boiling hot, then steam until done.

Eggs in Cream Sauce,-Make a rich white sauce, using two tablespoonfuls of butter and one and one-half of flour cooked together, then add a cupful of thin cream and cook until smooth. chopped, to the white sauce and pour over the toast. Serve at once.

There are lives that crowd Actions, pure lofty proud Actions, pure, lofty, proud, Into brief years— Deeds that high-hearted men, Counting three score and ten. Read through their tears.

-Margaret Preston. QUICK BREADS.



A hot gem or muffin, a crisp and golden corn bread, a popover or biscuit are all popular and always welcome breads. Bran Muffins .-Take three tablespoonfuls of with a table-

and two cupfuls of bran. Mix well This makes ten good-sized gems.

Southern Hoe Cakes,-Add a teapoonful of salt and two teaspoonfuls of baking powder to one and one-third and butter into a frying pan and when two eggs, add a cupful of milk, and eat hard for a few minutes, then add the whites beaten to a stiff froth. Put a tablespoonful of lard in a spider and drop the batter in by spoonfuls; turn will be, when done on the underside. Serve very hot with bacon or with fried ham. Sally Lunn.-Sift four cupfuls of ng powder and one of salt, separate

the yolks and whites of four eggs and thing. Bake in muffin rings,

Snow Balls,-Make a batter of one upful of thin cream, two tablespoonfuls of sugar, the beaten yolks of four eggs, two tenspoonfuls of baking powder and flour enough to make a drop batter. Add the whites, beat stiff and fold in last. Fill two-thirds full deep granite cups well buttered, and bake

n a hot oven. Graham Puffs,-Take two cupfuls of rect pronunciation of the word "vase." graham flour, four cupfuls of boiling The following morning she wanted to milk and one teaspoonful of salt. find out if the children remembered, Handle the dough as soft as possible, so she turned to one little boy sudroll and cut into inch-thick circles; ar- denly and demanded: "What do you range in a buttered pan and bake in a see on the mantlepiece at home, very hot oven. If the oven is hot they Jackie?" "Father's feet, miss!" came will be very light.

THE HONOR CODE.

all too crowded for the average person. endeavor?-Thoreau. There is but one honor code to go byplay fair. The girl or woman who does so will have absolutely no regrets, and will prove a real inspiration to others around her.-New York Evening Telegram.

Immovable Opinion.

"Did your argument convince anyody? "I don't know," replied Senator Sor-"I sometimes think that now- a failure?" ghum. adays the most an argument accomplishes is to help the statisticians by man who could make a living."

showing how you are likely to vote." "Take down that motto, 'There's No Place Like Home,' stormed Mr. Growcher. "If the landlord sees it he'll think we are happy and content- and I have absolutely nothing decent ed and raise the rent again."

Every day is a fresh beginning; Listen, my soul, to the glad re-

And spite old sorrow and older sin-And puzzles forecasted and possible pain.
Take heart with the day, and begin again.
—Susan Coolidge.

SOME NOURISHING SOUPS. On a chilly night, or any other time



ifving. Potato Soup .-Chop an onion, fry in butter, add six potatoes cut in dice, and one bay leaf. Add one quart of wavery soft. Add one quart of milk, rub two eggs, beaten smooth with a cupful

Salsify Soup.-Scrape and clean pepper to season. Bring to the bolling point, add three milk crackers

Chicken and Curry Soup .- Silce one onion, fry in butter, add a large sour lemon juice and a teaspoonful of salt

Oxtail Soup .- Cut an oxtail into loints and fry in hot fat. Add two pounds of lean beef, four carrots, three onlons and a bunch of sweet herbs. molasses (with spices to taste), for the meat is very tender; strain, reheat, twenty minutes. Cream one-half cup- thicken with two tablespoonfuls each ful of shortening with one cupful of of flour and butter cooked together, sugar, add two beaten eggs, three cup- thinned with a little of the soup. Cook

Chicken Gumbo,-Cut up a large, beat well and bake in a moderate oven. chopped, half a cupful of raw ham,

With the same letter heaven and home begin. And the words dwell together in For they who would a home in Must first a heaven in home be-

gin to find. -Joseph Very.

SUBSTITUTES FOR MEAT. Certain foods are well suited to replace meat at the breakfast table. Potato appears at dinner 365 times a year, so it is a good idea to bar it from



deep dish and cover with cold water well salted. Soak one hour. Drain, wipe, dip in egg and crumbs and fry brown.

Corn Oysters.-Use canned cornlet. if the fresh corn is not obtainable. By brown sugar, mix scoring deeply with sharp knife, the inside of the kernel may be pressed spoonful of out and used. Use two cupfuls of corn, shortening, half a tablespoonful of half a cupful of milk, one cupful of salt, one cupful of sour milk, one-half sifted flour, two eggs, a tenspoonful of ter and lard. Beat the yolks of the Beat to a smooth batter, add the corn. then beat again, adding the stiffly beaten whites the last. Put the lard upfuls of cornmeal. Beat the yolks very hot put into the batter by small spoonfuls. Brown on one side, then turn. If the batter is too thick add more milk, the thinner the batter the more delicate and tender the oysters

Baked Eggs and Mushrooms.-Take one pound of fresh mushrooms, clean lour with three teaspoonfuls of bak- with four tablespoonfuls of butter, half and wipe dry. Put into a saucepan a teaspoonful of salt and a dash of beat well; add one cupful of melted ly hot, then turn into a shallow baking pepper. Set over the fire till thoroughfat, four tablespoonfuls of sugar to the dish and break over them six eggs. lour with the yolks of the eggs, then Sprinkle with buttered crumbs and fold in the stiffly beaten whites the last dust with pepper and salt. Bake in a hot oven till the eggs are set. Serve on buttered toast.

Necie Maxwell

He Knew. The teacher had spent twenty minutes impressing on her pupils the cor-

the prompt reply. Worth Pondering Over. Did you ever hear of a man who

had striven all his life faithfully and Those of us who would have our singly toward an object and in ac days glide by peacefully should not measure obtained it? Did ever a man expect too much at the hands of others. try heroism, magnanimity, truth, sin-This is a strenuous age-indeed, al- cerity and find that there was no admost every minute of every hour is vantage in them, that it was a vain

Migration of the Rat. The rat was carried from India and Persia to England in 1727, by 1750 had made its way to France and thence spread throughout Europe.

"Maude took a course in domestic science before she married." "Then why was her marriage such "Because she neglected to pick

A New Function. "John, I simply must have another

gown." "The new cook is coming tomorrow to receive her in."

Useful Christmas Gifts That Any Boy Can Make

By A. NEELY HALL

AT CHRISTMAS TIME

games will furnish fun for young and

The Game of Tip.

dies, nuts, raisins, and other dainties,

to make a small pile upon a table;

also a pair of sugar tongs. One of the

party is chosen, who must retire to an-

other room while the remaining play-

ers decide upon one of the daintles

in the pile to be known as "Tip." The

chosen person is then recalled, and

removed belong to him, unless he re-

to the pile, and the turn passes to the

next player, who retires to the other

room while another Tip is named. A

drawing several pieces, he wants to

avoid the possibility of losing them

through drawing Tip. The game

A Fill-in Game.

For a laughter producer this game

their original places, and the result

Sliced Toy Puzzles.

From advertisements cut pictures of

toys, and paste these upon pieces of

cardboard; then with a sharp knife

slice the cardboard into irregular

pieces as indicated in Fig. 1. Place

velone by itself. When ready to play

the game, give each player an envel-

one, and direct him to put together the

parts so as to make the picture of the

1

toy. At the expiration of a given

length of time, direct an exchange of

Acrostic Place Cards.

An original idea for the place cards

for the Christmas party is to prepare

them in the form of letters from Santa

Claus, with the names and addresses

of the guests worked out in acrostics,

as is suggested on the two specimen

envelopes in the illustration; and have

the guests find their places by inter-

preting the inscriptions upon the en

velopes. The first envelope illustrated

reads, "Miss Lillian Cook, 415 Adams

Street," the second one, "Mr. Harry

Underwood, 518 Bell Avenue," Some of

the addresses may be harder to make

MISS PAN

415 STREET

HARRY

into acrostics: others will be easier.

SNOW AND FIREFLIES.

Would Be Up to Date.

Optimistic Thought.

in a virtuous life.

All human treasures are contained

518 🛕 AVE.

MR. THE

keen enjoyment.

the toys.

will be a ridiculous mix-up.

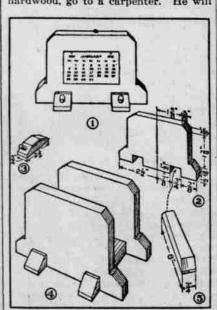
narts of each picture

continues until the pile disappears.

This old English game requires the

It requires no more time to make | GAMES FOR CHILDREN useful gift than one which will be of no practical value, so why not decide, before beginning this season's It may be for a Christmas party, or gifts, what will be appropriate for for the family gathering, that you will those whom you wish to remember? need ideas; for either, the following

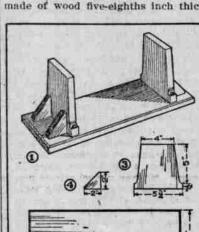
Calendar-Board and Pen-Rack. Of the smaller gifts, nothing would old allke. be better appreciated than this article for one's desk. Fig. 2 shows a pattern for the board. If you haven't hardwood, go to a carpenter. He will



let von pick a scrap from his waste pile, or will sell you a piece for a few cents. Wood three-eighths-inch thick is just right. Both sides must be cut allke, and the surest way to get them so is to draw a centerline, first, then lay off the measurements each side of this. The notches in the bottom edge receive the base blocks (Fig. 3). Bore a small hole in the beveled portion of one end of each base block, glue a peg in it to form the front of the pen-rack, and fasten the blocks in the notches cut for them.

Sandpaper all surfaces, then apply ome wood stain and wax. A small calendar-pad tacked to the center of the board, and felt glued to the underside of the base blocks, will complete the gift. Postcard Rack.

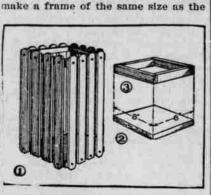
The same pattern that was used for has no peer. A poem is selected and the calendar-board (Fig. 2) is recopied upon paper, with each noun quired for the ends of the postcardomitted and a line drawn in its place. rack in Fig. 4, and Fig. 5 shows a pat-Then the nouns are copied upon small tern for the base strips, which fasten cards, one upon each. The cards are in the notches in the bottom of the dealt, an equal number to each player, end pieces. Finish the wood with and a player is chosen as reader. The stain and wax. reader reads the poem, pausing at each space, and the players fill in, in Book-Rack. turn, a noun from the cards in their The book-rack in the illustration is nade of wood five-eighths inch thick. pile. The nouns will seldom come in



First, prepare the base board by the pattern of Fig. 2, then the pair of ends by the pattern of Fig. 3, then two oairs of brackets like the one in Fig. These seven pieces are all that the rack requires. Be careful to get the sides of the end pieces symmetrical. Bevel the edges of the base-

board. Use round-headed blued screws for assembling the parts, and place these in the positions indicated in Fig. 1. A coat of stain, then one of wax, and a button of felt glued to the underside of the base at each corner, will complete the bookrack.

Waste-Basket. An 8 by 8 inch board, for a base (Fig. 2), four strips out of which to



oaseboard (Fig. 3), eight laths to cut in half for side strips, a few finishing nails, and 32 round-head blued screws, are all that you need for the pretty waste-basket shown in Fig. 1. Plane the laths smooth, trim off their ends and bore holes a trifle larger than the screws, near the ends, Screw the side strips to the base edges, four to a side, then prepare the top frame of the form shown in Fig. 3. and screw the upper ends of the strips

Wood stain and wax, or two coats of Making them will be fun; deciphering paint or white enamel may be applied, them will afford several minutes of to finish the woodwork. IN THE DAYS OF BEAVER HATS.

In the olden days in the United States soon after the Revolutionary turesque. The student of the East war, a good beaver hat became a does not "burn the midnight oil." He kind of family heirloom, and was works by snow and fireflies. There is

handed down from father to son. For an ancient legend about a Chinese stusome strange reason it was considered dent who was too poor to buy oil. So to be rather frivolous and extravagant in the summer months he studied all to be seen wearing a new beaver hat, night by the light of fireflies caught and it was the custom when a man and imprisoned in a paper lantern, and bought one to leave it out in stormy in the winter by the reflection of the weather before wearing it, to "take snow.-Gertrude Emerson in World the newness off." Outlook. Reading the Bible. A college professor, famous as a critic of literature, tells how he read country. One summer she was taken

had drawn the pictures, he found that

ne remembered without much diffi-

Minnie, five years old, lives in the the Bible when he was a boy. His to visit in town, where she was much mother not only insisted that he interested in the electric lights. The hould read the Bible, but also that first time the faithful kerosene burnhe should be able to tell her some er was lighted after her return home thing about each book. This looked she looked at it with evident disfavor, serious, but the future professor of then ran to her father with: "Papa, literature hit upon a plan to assist his let's give our lamps away and get us emory. After he had read each some gas lights in bottles." book, he illustrated it and, after be

MODERN BARN IS PROFIT PRODUCER farm. The dimensions of this barn are 36 by 72 feet. It is wide enough to pro-

Pays the Farmer Big Interest on Its Cost.

use of enough assorted Christmas can- Equipped So That Labor of Caring for Cows Can Be Done Easily and Quickly-Keeps the Cows Warm in Winter.

By WILLIAM A. RADFORD. By WILLIAM A. RADFORD.

Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building work on the farm, for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 1827 Prairie avenue, Chicago, Ill., and only inclose two-cent stamp for reply. with the tongs removes pieces from the pile, trying to avoid the piece named Tip, of which, however, he does not know the location. All pieces

moves Tip, when all must be returned It would seem to be a stretch of the Liberty bond as an income producing place it in the carrier and transport it player may pass his turn when, after investment. But when it is considered to the manure piles. The carrier in the that a modern barn, equipped with la- center of the barn conveys the hay bor-saving features will not only cut and other feed directly to the stall down the cost of operating a dairy heads. No more walking the length farm, or any other farm, and will of the barn with a forkful of hay, make the live stock more productive, where the carrier system is used. it can easily be seen that a barn pays dividends just as a bond.

very manufacturer watches with zeal- dividual drinking cups at each man-

one that any farmer would be proud to own. Its gabled roof gives it a graceful appearance, and it looks what It is-a modern barn for an up-to-date

vide space for two rows of stalls, a feeding alley through the center and litter alleys along each side,

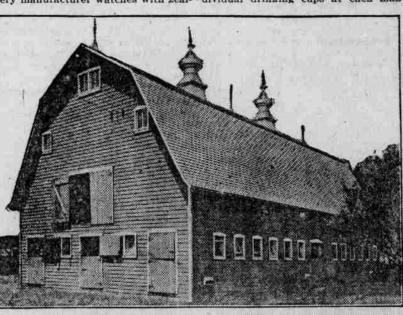
On one side are two sets of stalls, one having places for nine cows and the other seven. On the other side is a row of nine stalls and two calf pens, PLAN FOR COMBINATION BARN the larger one having seven mangers. At the end on one side is the bull pen, while on the other side is a feed room. It will be noted by the floor plan that there are carrier tracks through the center of the barn, over the feed alley and on either side over the litter alleys. The carrier tracks provide an easy mode of carrying the feed to

the mangers and to carry out the lit-

ter. No piece of barn equipment

saves more steps, physical energy and time than feed and litter carriers that travel on overhead tracks. The cow stable floor of this barn, as with practically every other modern barn, is of concrete. Set into the floor at the rear of the rows of stalls is a gutter, which catches the litter magination to compare a barn to a and enables the farmer to gather it,

While they are not shown on this plan, every farmer who has a water Cost of operation is an expense that pressure system on his farm has in-

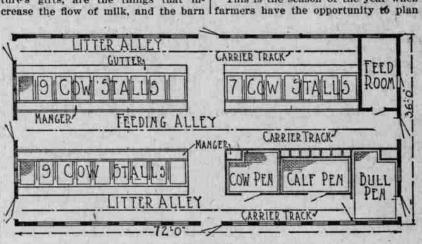


which is fixed by the law of supply a nose piece which the cow presses and demand. Lower costs make larger down turns on and off the water. A any other manufacturing establish- found, increases the flow of milk some ment. The farmer manufactures food, eight or ten per cent. Whether or not be is getting all the profit possible depends on how much seen that a modern barn is worth of the amount he gets for it is spent while on every farm. The barn itself

In producing it. that produce milk and butter can be in actual cash through saving o air, sunshine and water, three of na- er to get better help.

producing an article, the more the horses with fresh water at all times, laundry. It never disappoints, At all nanufacturer will make, especially but are so constructed that the water good grocers, 5c. when he makes an article the price of is not wasted. A valve controlled by profits on the farm just as much as in | constant supply of water, it has been

From this brief description it will be and its equipment represent a fair-The modern barn is equipped so sized investment, but it is an investthat the labor of caring for the cows ment that will pay good, big dividends done easily and quickly. Also the mod- and increased production. Also there ern barn is so constructed that the is the advantage of lightening the cows will be warm in winter, and a work around the barn, work that is comfortable cow is a better producer done in the early morning and in the than an uncomfortable cow. Fresh evening, which will enable the farmture's gifts, are the things that in- This is the season of the year when Came to this Woman after



Floor Plan.

that allows these elements to reach the buildings they will erect next the cows is a barn that will increase spring. It is worth any farmer's time the dairyman's profits. Such a barn is shown in the ac-

companying illustration. It is designed to accommodate 25 cows, their calves and a bull, together with their winter's supply of hay. In exterior appearance this barn is he will take the trouble to investigate.

Belief Now That They Are Several Hundred Times Older Than Has Been Believed.

A recent paper by Mr. Harlow Shapyears. The date of geology, however, the name of "foolscap." particularly the recent work on rhythms in denudation and sedimentation and on the radioactivity of rocks, are decidedly opposed to a short time ternoon recently, a local teacher used scale for the sun and earth. Mr. Shap- the word "pedagogue," which seemed ley cites a large amount of recent as- to be new to one small boy who was of trophysical evidence in behalf of the an inquisitive turn of mind. belief that the ages of the stars, also, The oriental is always and ever picare probably several hundred times as gogue?" he asked. great as was assumed in the older | The teacher joined with the chilphysical astronomy. Obviously exist- dren in the laugh which came when ng hypotheses concerning the source another boy volunteered the informaof the energy radiated from the sun tion: and stars need revision to bring them into agreement with the evidence in favor of an exceedingly prolonged life

> How "Foolscap" Originated. en of the meaning of the word "fools- estly earned.-Lincoln,

for these bodies .- Scientific American.

How the Mint Buys Gold. The mint buys gold in any form. that is what it will be when coined phere in which he moves,

AGE OF THE SUN AND STARS | cap" as applied to a certain kind of paper. One of the explanations is that when Charles of England found his revenue short he granted certain privfleges, amounting to monopolies, and among these was the manufacture of paper, the exclusive right of which ley brings to a focus the long-standing was sold to certain persons, who grew disagreement between physical astron- rich and enriched the government at omers and geologists concerning the the expense of those who were obliged duration of solar radiation and the to use the paper. At this time all conquest age of the earth, and also the English paper bore in watermarks, question of the age of the stars in the royal arms. The parliament under general. The short time scale of the Cromwell made a jest of this law and, astronomers is based on the assump- among other indignities to the memtion that the sun's heat, flowing uni- ory of Charles, it was ordered that formly at the observed rate in all di- the royal arms be removed from the rections, comes from such recognized paper and a fool's cap and bells be sources as gravitational contraction, substituted. These were in their turn the fall of meteorites, radioactivity, removed when the rump parliament etc. The supply of heat from these was dismissed, but paper for the size sources could last only a few million of the parliament's journal still bears

and the small expense required to in-

vestigate this subject of health-pro-

ducing barns and labor-saving barn

equipment. Better barns will save the

farmer a great deal of money, a fact

he can learn to his own satisfaction, if

While reading to her pupils one af-"What kind of an animal is a peda-

Hardened in Life's Crucible. No men living are more worthy to be trusted than those who toll up from poverty; none less inclined to take or Several explanations have been giv- touch aught which they have not hon-

Influence of Thought.

"There is nothing good or bad, but thinking makes it so," said Shakewhether coined or not, when presented speare and therein lies a truth. We in sums to the value of \$50 or more. are too apt to forget that thoughts are The face value of coins is not consid- real forces and that we cannot even ered, only their weight and purity. An quietly hate another without sending equivalent amount of lawful money is out a little poison into the world abougiven in exchange. Theoretically, the us. A baleful influence is bound to gold is coined and handed back to make itself felt, though none may the owner without charge. In practice, know its source. Just as we cannot as a matter of convenience and to love another without sending out tosave time, the mint simply buys the ward him thoughts of kindness and gold and pays its full coinage value- helpfulness that will affect the atmos-

Eases

At once! Relief with 'Pape's Cold Compound'

The first dose eases your cold! Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken usually breaks up a severe cold and ends all grippe misery.

Relief awaits you! Open your clogged-up nostrils and the air passages of your head; stop nose running; relieve the headache, dullness, feverishness, sneezing, soreness and stiff-

"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance. Tastes nice. Contains no quinine. Insist on Pape's !--Adv.

Typical Hun Trick.

Among the post cards widely circulated in Germany and Belgium in 1914 to justify the killing of Belgian civillans there was one that purported to show Belgians not in uniform firing on approaching German soldiers from the windows of Louvain university. Aside from the Improbability that anyone took a photograph of such an affair, it is interesting to know that there are no windows on the side of; the university that appears in the picture, but the card did its lying work .-Youth's Companion.

Dr. Peery's "Dead Shot" not only expels Worms or Tapeworm but cleans out the mucus in which they breed and tones up the digestion. One dose sufficient. Adv.

"How far from here do you live?" asked the man who had listened attentively to the real estate agent. "Oh, several miles." "I'm sorry for that. I's sure my

you occasionally and hear you talk To insure glistening-white table linens, use Red Cross Ball Blue in your

family could be happy forever in this

suburb if we could only drop in on

Jarred Him. "I don't like her singing; her notes come from her chest."

"Well, ought they not?"

"No, they ought to stay there."-Boston Evening Transcript. Do not hang your religion up in the closet with your Sunday clothes. Use

It every day.

Taking Lydia E. Pinkham's Vegetable Compound to



Compound and wanted me to try it. It brought relief improved in health so I could do my housework; we now have a little one, all of which I owe to Lydia E. Pinkham's Vegetable Compound."— Mrs. O. S. Johnson, R. No. 3, Ellensburg, Wash.

Johnson, R. No. 3, Ellensburg, Wash. There are women everywhere who long for children in their homes yet are denied this happiness on account of some functional disorder which in most cases would readily yield to Lydia E. Pinkham's Vegetable Compound.

Such women should not give up hope until they have given this wonderful medicine a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of 40 years experience is at your service. experience is at your service.



Suffer from

Millions of people suffer year after year from allments affecting practically every part of the body, never dreaming that their lil health can be traced directly to acid-stomach. Here is the reason: peor direction means poor nourishment of the different organs and tissues of the body. The blood is impoverished—becomes weak, thin, sluggish. Allments of many kinds spring from such conditions. Billousness, rheumatism, lumbage, sciatica, general weakness, loss of power and energy, headache, insomnia, nervousness, mental depression—even more serious aliments such as catarrh and cancer of the stomach, intestinal ulcers, circhosis of the liver, heart trouble—sil of these can often be traced directly to acid-stomach.

Keep a sharp lookout for the first symptems of acid-stomach—indigestion, heartburn, beiching, food repeating, that awful painful bloat after eating, and sour, gassy stomach. EATONIC, the wonderful modern remedy for acid-stomach, is guaranteed to bring quick relief from these stomach miseries. Thousands say they never dreamed that anything could bring such speedy relief—and make them feel so much better in every way. Try EATONIC and you, too, will be just as enthusiastic in its praise. Make your life worth living—no aches or pains—no blues or melancholy—no more of that tired, listless feeling. Be well and strong. Get back your physical and mental punch; your vim, viger and vitality. You will slways be weak and alling as iong as you have acid-stomach. So get rid of it new. Take EATONIC Tablets—they taste good—you eat them like a bit of candy. Your druggist has EATONIC—50 cents for a big box. Get a box from him today and if you are not satisfied he will retund your money.